

## **The Believer's Practical Guide to 21st Century Spiritual Warfare**

### **Week 5: Live Right**

**Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place. Ephesians 6:14**

22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness. Ephesians 4:22-24

8 For you were once darkness, but now you are light in the Lord. Live as children of light 9 (for the fruit of the light consists in all goodness, righteousness and truth) 10 and find out what pleases the Lord. Ephesians 5:8-10

15 The Lord looked and was displeased that there was no justice.

16 He saw that there was no one, he was appalled that there was no one to intervene; so his own arm achieved salvation for him, and his own righteousness sustained him.

17 He put on righteousness as his breastplate, and the helmet of salvation on his head. Isaiah 59:15-17

2 Now Abel kept flocks, and Cain worked the soil. 3 In the course of time Cain brought some of the fruits of the soil as an offering to the Lord. 4 And Abel also brought an offering—fat portions from some of the firstborn of his flock. The Lord looked with favor on Abel and his offering, 5 but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.

6 Then the Lord said to Cain, “Why are you angry? Why is your face downcast? 7 If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.”

8 Now Cain said to his brother Abel, “Let’s go out to the field.” While they were in the field, Cain attacked his brother Abel and killed him. Genesis 4:2-8

1 It pleased Darius to appoint 120 satraps to rule throughout the kingdom, 2 with three administrators over them, one of whom was Daniel. The satraps were made accountable to them so that the king might not suffer loss. 3 Now Daniel so distinguished himself among the administrators and the satraps by his exceptional qualities that the king planned to set him over the whole kingdom. 4 At this, the administrators and the satraps tried to find grounds for charges against Daniel in his conduct of government affairs, but they were unable to do so. They could find no corruption in him, because he

was trustworthy and neither corrupt nor negligent. 5 Finally these men said, “We will never find any basis for charges against this man Daniel unless it has something to do with the law of his God.” Daniel 6:1-5

29 If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. 30 And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell. Matthew 5:29-30

## **10 WAYS TO LIVE RIGHT**

1. Choose better \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_ more.
4. \_\_\_\_\_ regularly.
5. Seek \_\_\_\_\_.
6. Get \_\_\_\_\_.
7. Establish \_\_\_\_\_.
8. Start \_\_\_\_\_.
9. Bring someone to \_\_\_\_\_.
10. \*Make something \_\_\_\_\_.

## **DISCUSSION QUESTIONS**

1. The environments we surround ourselves with matter. What was a negative environment you found yourself in (willingly or unwillingly) that had a destructive effect on your spiritual health and wellbeing?
2. Since the breastplate of righteousness is all about living right, what is a decision you've made in the past or something you changed about your environment that positively affected your spiritual health and victory?
3. Walk through the list of ten ways to live right and discuss how they could affect your spiritual warfare. Which two can you focus on to begin to change your environment for the better?